

Meg Walsingham SpinDrift Apprentice Week 3:

Week 3 with Spindrif I continue to learn an awful lot about myself and the community. Monday Suzie and I had an admin day, where we discussed my 'research question' for this module and how I've changed my whole thinking process from wanting to research into technology and now being very interested in relationships, between, artist and dancer, practitioner to practitioner and between us as humans. To me this shows how quickly things can change and is also a reflection on life and how exciting and interesting it can be if you make it. The main point we focused on was the topic of youth dancers and being interested in getting to know what they really want out of the company, community and us as people to help their future. I then carried out some Email interviews to hopefully aid this and now awaiting a response. Suzie and I also reflected on the I, We, us experience and how the rehearsals may not have been so business efficient but they gave each person that attended a real insight to the project and an individual experience which filled me as a person with joy.

Tuesday I went over to Mounts Bay Academy in Penzance which is a beautiful school, to run the lunch time dance club and the after school company club for their arts award projects. It was a completely different experience team teaching this group than it was with the I, We, us classes which involved professional levels and university levels comparing to teenagers. They were such a lively but lovely bunch of students who were more than willing to learn but thought they may not be so able. This was a great challenge and experience for me to teach different age groups and remember what's appropriate with in each class for different levels of dance.

Wednesday I gave myself another research day as with a deadline coming up I realised I hadn't done much theory work. I researched into Suzie and Rob's theories of Embodiment and Co-construction and how this is so relevant to my practise and this experience with Spindrif. I will definitely use these in my future works for sure! I just really liked the community feel of these theories and discovering I want to focus on human relationships this really gave me an in-sight into different methods of teaching and communicating with different age ranges.

Thursday I attended the open technique class with Lizzie in Plymouth at Radiant house which I'm glad I've had the opportunity to work in. Afterwards I then observed Lizzie and Becky's duet which is about energy as individuals and coming together to share this energy. This was very interesting as the two dancers were very different in movement and how they choreographed but definitely made this work for an observer as it was lovely to watch and give advice. I then discussed with Suzie my plans for this modules assessment and gave her a short interview on her experience.

Friday I had the amazing opportunity to shadow the BTEC fuel groups, the girls firstly and their learning of anatomy with in the dance curriculum and secondly the boys who had a workshop with Anna Murphy from Kneehigh Theatre, also a Cornwall based theatre company. The workshop for the boys was based around writing and such a brilliant one to say the least! Anna had the group doing various games, improvisations and challenges. We then looked at different viewpoints in pictures to creative wiring starting points. It was such a fun afternoon discovering various different ways to start writing stories and have a point of stimulus to use. I will definitely let this sway me in my thinking for the future as it was so fun and diverse which left me with a very open mind. This has got me blood pumping ready for my adventures next week!